DUNDY COUNTY STRATTON JUNIOR HIGH TRACK MEET

**Thursday, April 4th 2019**

**9:00MT/10:00 CT FIELD EVENTS (*THREE ATTEMPTS NO FINALS)***

**Shot put Discus High Jump Pole Vault Long Jump Triple Jump**

7th girls 7th boys 8th boys 8th girls 7th girls 7th boys

8th girls 8th boys 7th boys 7th girls 8th girls 8th boys

7th boys 7th girls 8th girls 8th boys 7th boys 7th girls

8th boys 8th girls 7th girls 7th boys 8th boys 8th girls

**11:30MT/12:30CT RUNNING EVENTS 7th girls, 8th girls, 7th boys, 8th boys**

 1600 m run

 100 hurdles

 100 m dash

 4 X 100 relay

 400 m dash

 200 m low hurdles

 800 m run

 200 m dash

 4X400 m relay

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| **Hurdle Race** | **Age Division** | **# of Hurdles** | **Height** | **Markings** |
| 100 meter | All GirlsAll Boys | 1010 | 30”33” | High SchoolHigh School |
| 200 meter | All | 5 | 30” | 45 m to 1st hurdle/35m between |
| 15 m to finish, start @ HS 200 m |

Shot Put: Boys and girls will use a 4 kilo shot