DUNDY COUNTY STRATTON JUNIOR HIGH TRACK MEET

**Thursday, April 4th 2019**

**9:00MT/10:00 CT FIELD EVENTS (*THREE ATTEMPTS NO FINALS)***

**Shot put Discus High Jump Pole Vault Long Jump Triple Jump**

7th girls 7th boys 8th boys 8th girls 7th girls 7th boys

8th girls 8th boys 7th boys 7th girls 8th girls 8th boys

7th boys 7th girls 8th girls 8th boys 7th boys 7th girls

8th boys 8th girls 7th girls 7th boys 8th boys 8th girls

**11:30MT/12:30CT RUNNING EVENTS 7th girls, 8th girls, 7th boys, 8th boys**

1600 m run

100 hurdles

100 m dash

4 X 100 relay

400 m dash

200 m low hurdles

800 m run

200 m dash

4X400 m relay

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| **Hurdle Race** | **Age Division** | **# of Hurdles** | **Height** | **Markings** |
| 100 meter | All Girls  All Boys | 10  10 | 30”  33” | High School  High School |
| 200 meter | All | 5 | 30” | 45 m to 1st hurdle/35m between |
| 15 m to finish, start @ HS 200 m |

Shot Put: Boys and girls will use a 4 kilo shot